

CCVD LM Schleswig-Holstein, Hamburg und Mecklenburg-Vorpommern - 14.12.2024 Zeitplan

| Nr. | Team | Verein | Land | Kategorie | Team Area | Cardio Warm Up | | Warm Up | Run Through | Pass Check | Routine |
|--|-----------------|-------------------------------------|------|-----------|-----------|----------------|---|---------|-------------|------------|---------|
| Check In 07:00 - 14:00 Uhr | | | | | | | | | | | |
| 09:00 Eröffnung Senior Kategorien | | | | | | | | | | | |
| 1 | ACP SPIRITS | TuRa Harksheide e.V. | SH | S1 | 08:00 1 | 08:15 | B | 08:25 | 08:40 | 08:55 | 09:10 |
| 2 | WSC Satellites | SC Rist Wedel e.V. | SH | S2 | 08:04 2 | 08:19 | A | 08:29 | 08:44 | 08:59 | 09:14 |
| 3 | Rostock Racoons | HSG Uni Rostock e.V. | MV | S1 | 08:08 3 | 08:23 | B | 08:33 | 08:48 | 09:03 | 09:18 |
| 4 | LA Challengers | SV Lieth von 1934 e.V. | SH | S2 | 08:12 4 | 08:27 | A | 08:37 | 08:52 | 09:07 | 09:22 |
| 5 | LCS Legends | Sportclub Alstertal-Langenhorn e.V. | HH | SC3 | 08:16 1 | 08:31 | B | 08:41 | 08:56 | 09:11 | 09:26 |
| 6 | HSV Shatter | Hamburger Sport-Verein e.V. | HH | S2 | 08:20 2 | 08:35 | A | 08:45 | 09:00 | 09:15 | 09:30 |
| 7 | HSV Smoke | Hamburger Sport-Verein e.V. | HH | SC3 | 08:24 3 | 08:39 | B | 08:49 | 09:04 | 09:19 | 09:34 |
| 8 | Black Stars | TSB Flensburg v. 1865 e.V. | SH | S2 | 08:28 4 | 08:43 | A | 08:53 | 09:08 | 09:23 | 09:38 |
| 9 | Northern Lights | KSV Holstein von 1900 e. V. | SH | SC3 | 08:32 1 | 08:47 | B | 08:57 | 09:12 | 09:27 | 09:42 |
| 10 | Luminous Lights | KSV Holstein von 1900 e. V. | SH | S2 | 08:36 2 | 08:51 | A | 09:01 | 09:16 | 09:31 | 09:46 |
| 11 | LA Guardians | SV Lieth von 1934 e.V. | SH | SC3 | 08:40 3 | 08:55 | B | 09:05 | 09:20 | 09:35 | 09:50 |
| 12 | HCA Senior Ice | SSG Rot-Schwarz Kiel | SH | SA3 | 08:44 4 | 08:59 | A | 09:09 | 09:24 | 09:39 | 09:54 |
| 13 | HSC Wildstars | TSG Bergedorf von 1860 e.V. | HH | SC3 | 08:48 1 | 09:03 | B | 09:13 | 09:28 | 09:43 | 09:58 |
| 14 | HSV Heatwave | Hamburger Sport-Verein e.V. | HH | SA3 | 08:52 2 | 09:07 | A | 09:17 | 09:32 | 09:47 | 10:02 |
| 15 | Major Maniacs | EMTV von 1860 | SH | SC4 | 08:56 3 | 09:11 | B | 09:21 | 09:36 | 09:51 | 10:06 |
| 16 | ACP HYDRAS | TuRa Harksheide e.V. | SH | SA3 | 09:00 4 | 09:15 | A | 09:25 | 09:40 | 09:55 | 10:10 |
| 17 | Black Panthers | TSV Holm von 1910 e.V. | SH | SC4 | 09:04 1 | 09:19 | B | 09:29 | 09:44 | 09:59 | 10:14 |

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| 18 | TLC Temptation | TuS Lübeck von 1893 e.V. | SH | SA3 | 09:08 2 | 09:23 | A | 09:33 | 09:48 | 10:03 | 10:18 |
| 19 | HSV Venom | Hamburger Sport-Verein e.V. | HH | SLC5 | 09:12 3 | 09:27 | B | 09:37 | 09:52 | 10:07 | 10:22 |
| 20 | Baltic Predators | SV Dynamo Rostock e.V. | MV | SA3 | 09:16 4 | 09:31 | A | 09:41 | 09:56 | 10:11 | 10:26 |
| 21 | Vipers | Sportverein Eidelstedt Hamburg von 1880 e. V. | HH | SLC6 | 09:20 1 | 09:35 | B | 09:45 | 10:00 | 10:15 | 10:30 |
| 22 | HRC Queens | SC Vier- und Marschlande v. 1899 e.V. | HH | SA3 | 09:24 2 | 09:39 | A | 09:49 | 10:04 | 10:19 | 10:34 |
| 23 | ACP DEMONS | TuRa Harksheide e.V. | SH | SC6 | 09:28 3 | 09:43 | B | 09:53 | 10:08 | 10:23 | 10:38 |
| 24 | HSC Spiritstars | TSG Bergedorf von 1860 e.V. | HH | SA5 | 09:32 4 | 09:47 | A | 09:57 | 10:12 | 10:27 | 10:42 |
| 25 | HCA Senior Steel | SSG Rot-Schwarz Kiel | SH | SC6 | 09:36 1 | 09:51 | B | 10:01 | 10:16 | 10:31 | 10:46 |
| 26 | HSV Bombshells | Hamburger Sport-Verein e.V. | HH | SA5 | 09:40 2 | 09:55 | A | 10:05 | 10:20 | 10:35 | 10:50 |
| 27 | ACP GIANTS | TuRa Harksheide e.V. | SH | SC7 | 09:44 3 | 09:59 | B | 10:09 | 10:24 | 10:39 | 10:54 |
| 11:15 Siegerehrung Senior Kategorien | | | | | | | | | | | |
| Eröffnung Mini & Primary Kategorien | | | | | | | | | | | |
| 28 | Tiny Lights | KSV Holstein von 1900 e. V. | SH | M0 | 10:55 1 | 11:10 | A | 11:20 | 11:35 | 11:50 | 12:05 |
| 29 | CROWNS Jewels | SV Tungendorf Neumünster von 1911 e.V. | SH | PS0 | 10:59 2 | 11:14 | B | 11:24 | 11:39 | 11:54 | 12:09 |
| 30 | LA Rookies | SV Lieth von 1934 e.V. | SH | M0 | 11:03 3 | 11:18 | A | 11:28 | 11:43 | 11:58 | 12:13 |
| 31 | Ruby Stars | TSB Flensburg v. 1865 e.V. | SH | PS0 | 11:07 4 | 11:22 | B | 11:32 | 11:47 | 12:02 | 12:17 |
| 32 | TLC Candy | TuS Lübeck von 1893 e.V. | SH | M0 | 11:11 1 | 11:26 | A | 11:36 | 11:51 | 12:06 | 12:21 |
| 33 | HRC Princesses | SC Vier- und Marschlande v. 1899 e.V. | HH | PS0 | 11:15 2 | 11:30 | B | 11:40 | 11:55 | 12:10 | 12:25 |
| 34 | WSC Starlets YoungStars | SC Rist Wedel e.V. | SH | PL0 | 11:19 3 | 11:34 | A | 11:44 | 11:59 | 12:14 | 12:29 |

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| 35 | LCS Fairies | Sportclub Alstertal-Langenhorn e.V. | HH | PS0 | 11:23 4 | 11:38 | B | 11:48 | 12:03 | 12:18 | 12:33 |
| 36 | HCA Peewee Red | SSG Rot-Schwarz Kiel | SH | PL0 | 11:27 1 | 11:42 | A | 11:52 | 12:07 | 12:22 | 12:37 |
| 37 | Panthers X-Citing | TuS Krempe | SH | PS0 | 11:31 2 | 11:46 | B | 11:56 | 12:11 | 12:26 | 12:41 |
| 38 | LA Invaders | SV Lieth von 1934 e.V. | SH | PL0 | 11:35 3 | 11:50 | A | 12:00 | 12:15 | 12:30 | 12:45 |
| 39 | DCA Flamy Sparks | TuS Harburg-Wilhelmsburg v. 1894 e.V. | HH | PS0 | 11:39 4 | 11:54 | B | 12:04 | 12:19 | 12:34 | 12:49 |
| 40 | Mini Maniacs | EMTV von 1860 | SH | PL0 | 11:43 1 | 11:58 | A | 12:08 | 12:23 | 12:38 | 12:53 |
| 41 | Panthers X-Ceed | TuS Krempe | SH | PS1 | 11:47 2 | 12:02 | B | 12:12 | 12:27 | 12:42 | 12:57 |
| Pause | | | | | | | | | | | |
| 42 | Velvet Panthers | TSV Holm von 1910 e.V. | SH | PS1 | 12:06 3 | 12:21 | B | 12:31 | 12:46 | 13:01 | 13:16 |
| 43 | HSV Rays | Hamburger Sport-Verein e.V. | HH | PL0 | 12:10 4 | 12:25 | A | 12:35 | 12:50 | 13:05 | 13:20 |
| 44 | HSC Twinklestars | TSG Bergedorf von 1860 e.V. | HH | PS1 | 12:14 1 | 12:29 | B | 12:39 | 12:54 | 13:09 | 13:24 |
| 45 | HCA Peewee Silver | SSG Rot-Schwarz Kiel | SH | PL0 | 12:18 2 | 12:33 | A | 12:43 | 12:58 | 13:13 | 13:28 |
| 46 | Blue Cheerios - Stars | Bramstedter Turnerschaft von 1861 e.V. | SH | PS1 | 12:22 3 | 12:37 | B | 12:47 | 13:02 | 13:17 | 13:32 |
| 47 | TCH Shine | MTV von 1860 e.V. Heide | SH | PL0 | 12:26 4 | 12:41 | A | 12:51 | 13:06 | 13:21 | 13:36 |
| 48 | USC Youngshadows | Sportverein Nettelburg/Allermöhe von 1930 e.V. | HH | PS1 | 12:30 1 | 12:45 | B | 12:55 | 13:10 | 13:25 | 13:40 |
| 49 | NCS Tiny Swans | SC Gut Heil Neumünster von 1881 e.V. | SH | PL0 | 12:34 2 | 12:49 | A | 12:59 | 13:14 | 13:29 | 13:44 |
| 50 | HSV Rockets | Hamburger Sport-Verein e.V. | HH | PS1 | 12:38 3 | 12:53 | B | 13:03 | 13:18 | 13:33 | 13:48 |
| 51 | TLC Crunchie | TuS Lübeck von 1893 e.V. | SH | PL0 | 12:42 4 | 12:57 | A | 13:07 | 13:22 | 13:37 | 13:52 |
| 52 | Twinkling Lights | KSV Holstein von 1900 e. V. | SH | PL1 | 12:46 1 | 13:01 | B | 13:11 | 13:26 | 13:41 | 13:56 |
| 53 | Sparkling Lights | KSV Holstein von 1900 e. V. | SH | PL0 | 12:50 2 | 13:05 | A | 13:15 | 13:30 | 13:45 | 14:00 |

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|---|---------------------|-------------------------------------|------|-----------|-----------|----------------|---|---------|-------------|------------|---------|
| 54 | Moonlight | Harburger Turnerbund von 1865 e.V. | HH | PL1 | 12:54 3 | 13:09 | B | 13:19 | 13:34 | 13:49 | 14:04 |
| Pause | | | | | | | | | | | |
| 55 | ICB Stardust | TSV Bargtheide e.V. | SH | PL0 | 13:13 4 | 13:28 | A | 13:38 | 13:53 | 14:08 | 14:23 |
| 56 | Peewee Ocean Stars | Ostseetanz Greifswald e.V. | MV | PL1 | 13:17 1 | 13:32 | B | 13:42 | 13:57 | 14:12 | 14:27 |
| 57 | White Stars | TSB Flensburg v. 1865 e.V. | SH | PL0 | 13:21 2 | 13:36 | A | 13:46 | 14:01 | 14:16 | 14:31 |
| 58 | Mighty Maniacs | EMTV von 1860 | SH | PL1 | 13:25 3 | 13:40 | B | 13:50 | 14:05 | 14:20 | 14:35 |
| 59 | ACP TROLLS | TuRa Harksheide e.V. | SH | PL0 | 13:29 4 | 13:44 | A | 13:54 | 14:09 | 14:24 | 14:39 |
| 60 | TLC Cutie | TuS Lübeck von 1893 e.V. | SH | PL1 | 13:33 1 | 13:48 | B | 13:58 | 14:13 | 14:28 | 14:43 |
| 61 | Stormy Predators | SV Dynamo Rostock e.V. | MV | PL0 | 13:37 2 | 13:52 | A | 14:02 | 14:17 | 14:32 | 14:47 |
| 62 | ACP PIXIES | TuRa Harksheide e.V. | SH | PL1 | 13:41 3 | 13:56 | B | 14:06 | 14:21 | 14:36 | 14:51 |
| 63 | LA Rebels | SV Lieth von 1934 e.V. | SH | PL0 | 13:45 4 | 14:00 | A | 14:10 | 14:25 | 14:40 | 14:55 |
| 64 | WSC Starlets Deluxe | SC Rist Wedel e.V. | SH | PL1 | 13:49 1 | 14:04 | B | 14:14 | 14:29 | 14:44 | 14:59 |
| 65 | HSC Ministars | TSG Bergedorf von 1860 e.V. | HH | PL0 | 13:53 2 | 14:08 | A | 14:18 | 14:33 | 14:48 | 15:03 |
| 66 | LCS Perytons | Sportclub Alstertal-Langenhorn e.V. | HH | PL1 | 13:57 3 | 14:12 | B | 14:22 | 14:37 | 14:52 | 15:07 |
| 15:30 Siegerehrung Mini & Primary Kategorien | | | | | | | | | | | |
| Eröffnung Youth & Juniors Kategorien | | | | | | | | | | | |
| 67 | HSV Blush | Hamburger Sport-Verein e.V. | HH | Y1 | 15:20 1 | 15:35 | B | 15:45 | 16:00 | 16:15 | 16:30 |
| 68 | Panthers X-treme | TuS Krempe | SH | Y2 | 15:24 2 | 15:39 | A | 15:49 | 16:04 | 16:19 | 16:34 |
| 69 | Silver Stars | TSB Flensburg v. 1865 e.V. | SH | Y1 | 15:28 3 | 15:43 | B | 15:53 | 16:08 | 16:23 | 16:38 |

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| 70 | HCA Junior Teal | SSG Rot-Schwarz Kiel | SH | Y2 | 15:32 4 | 15:47 | A | 15:57 | 16:12 | 16:27 | 16:42 |
| 71 | NCS Shiny Swans | SC Gut Heil Neumünster von 1881 e.V. | SH | Y1 | 15:36 1 | 15:51 | B | 16:01 | 16:16 | 16:31 | 16:46 |
| 72 | TLC Twixie | TuS Lübeck von 1893 e.V. | SH | Y2 | 15:40 2 | 15:55 | A | 16:05 | 16:20 | 16:35 | 16:50 |
| 73 | Rising Lights | KSV Holstein von 1900 e. V. | SH | Y1 | 15:44 3 | 15:59 | B | 16:09 | 16:24 | 16:39 | 16:54 |
| 74 | WSC Skylights | SC Rist Wedel e.V. | SH | Y2 | 15:48 4 | 16:03 | A | 16:13 | 16:28 | 16:43 | 16:58 |
| 75 | Mighty Predators | SV Dynamo Rostock e.V. | MV | Y1 | 15:52 1 | 16:07 | B | 16:17 | 16:32 | 16:47 | 17:02 |
| 76 | HSC Shootingstars | TSG Bergedorf von 1860 e.V. | HH | Y2 | 15:56 2 | 16:11 | A | 16:21 | 16:36 | 16:51 | 17:06 |
| Pause | | | | | | | | | | | |
| 77 | CROWNS Radiance | SV Tungendorf Neumünster von 1911 e.V. | SH | Y1 | 16:15 3 | 16:30 | B | 16:40 | 16:55 | 17:10 | 17:25 |
| 78 | Glowing Lights | KSV Holstein von 1900 e. V. | SH | Y2 | 16:19 4 | 16:34 | A | 16:44 | 16:59 | 17:14 | 17:29 |
| 79 | LA Contenders | SV Lieth von 1934 e.V. | SH | Y1 | 16:23 1 | 16:38 | B | 16:48 | 17:03 | 17:18 | 17:33 |
| 80 | HRC Crowns | SC Vier- und Marschlande v. 1899 e.V. | HH | Y2 | 16:27 2 | 16:42 | A | 16:52 | 17:07 | 17:22 | 17:37 |
| 81 | Magic Maniacs | EMTV von 1860 | SH | Y1 | 16:31 3 | 16:46 | B | 16:56 | 17:11 | 17:26 | 17:41 |
| 82 | ACP SAPHIRAS | TuRa Harksheide e.V. | SH | Y2 | 16:35 4 | 16:50 | A | 17:00 | 17:15 | 17:30 | 17:45 |
| 83 | Funtastic Foxes | HSG Uni Rostock e.V. | MV | Y1 | 16:39 1 | 16:54 | B | 17:04 | 17:19 | 17:34 | 17:49 |
| 84 | LCS Phoenix | Sportclub Alstertal-Langenhorn e.V. | HH | Y2 | 16:43 2 | 16:58 | A | 17:08 | 17:23 | 17:38 | 17:53 |
| 85 | ICB Fireflies | TSV Bargtheide e.V. | SH | Y1 | 16:47 3 | 17:02 | B | 17:12 | 17:27 | 17:42 | 17:57 |
| 86 | WSC Infinity | SC Rist Wedel e.V. | SH | YA3 | 16:51 4 | 17:06 | A | 17:16 | 17:31 | 17:46 | 18:01 |
| 87 | Marvelous Panthers | TSV Holm von 1910 e.V. | SH | Y1 | 16:55 1 | 17:10 | B | 17:20 | 17:35 | 17:50 | 18:05 |

Pause

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| 88 | Golden Stars | TSB Flensburg v. 1865 e.V. | SH | J2 | 17:14 2 | 17:29 | B | 17:39 | 17:54 | 18:09 | 18:24 |
| 89 | ACP TITANS | TuRa Harksheide e.V. | SH | JA3 | 17:18 3 | 17:33 | A | 17:43 | 17:58 | 18:13 | 18:28 |
| 90 | Shining Lights | KSV Holstein von 1900 e. V. | SH | J2 | 17:22 4 | 17:37 | B | 17:47 | 18:02 | 18:17 | 18:32 |
| 91 | Blue Cheerios | Bramstedter Turnerschaft von 1861 e.V. | SH | JA3 | 17:26 1 | 17:41 | A | 17:51 | 18:06 | 18:21 | 18:36 |
| 92 | Missy Maniacs | EMTV von 1860 | SH | J2 | 17:30 2 | 17:45 | B | 17:55 | 18:10 | 18:25 | 18:40 |
| 93 | HCA Junior Black | SSG Rot-Schwarz Kiel | SH | JA3 | 17:34 3 | 17:49 | A | 17:59 | 18:14 | 18:29 | 18:44 |
| 94 | Wild Predators | SV Dynamo Rostock e.V. | MV | J2 | 17:38 4 | 17:53 | B | 18:03 | 18:18 | 18:33 | 18:48 |
| 95 | HSC Shiningstars | TSG Bergedorf von 1860 e.V. | HH | JA3 | 17:42 1 | 17:57 | A | 18:07 | 18:22 | 18:37 | 18:52 |
| 96 | TLC Goody | TuS Lübeck von 1893 e.V. | SH | J2 | 17:46 2 | 18:01 | B | 18:11 | 18:26 | 18:41 | 18:56 |
| 97 | HSC Rockstars | TSG Bergedorf von 1860 e.V. | HH | JC5 | 17:55 3 | 18:10 | A | 18:20 | 18:35 | 18:50 | 19:05 |
| 19:30 Siegerehrung Youth & Junior Kategorien | | | | | | | | | | | |